

1 believe...

IN THE POWER OF DANCE AND MUSIC TO BRING PEOPLE TOGETHER AND CREATE POSITIVE CHANGE

CONNECT WITH MIGUEL

linkedin.com/in/miguel-doforo/ instagram.com/migueldoforo/

With nothing more than a dirty floor and a ghetto blaster, I can transform any space into a vibrant dance floor, where people from all walks of life can come together and express themselves through movement.

Whether I'm teaching a dance class, leading a workshop, or performing on stage, I bring the same energy and passion to everything I do. I believe that dance is a universal language that can break down barriers and bring people together, regardless of their backgrounds or beliefs, to make a positive impact on the world around us.

All we need is a willingness to move and a desire to connect with others. Let's turn up the music, clear the floor, and get ready to dance. What are you waiting for? Let's create!

...together we can create something truly special





I BELIEVE IN HELPING PEOPLE BE-COME THE BEST VERSIONS OF THEMSELVES, AND I'M EXCITED TO WORK WITH ANYONE WHO SHARES THAT GOAL.

WHAT DO I DO?

CREATIVITY & SOCIAL ENTREPRENEURSHIP

I am passionate about community work, dance, equality and diversity, marketing, and helping companies be more socially responsible. Let me tell you a bit about what I do.

Firstly, I'm heavily involved in the community sector, and I'm proud to have delivered over £2.5 million worth of community work. I support causes like human trafficking, slave trade awareness, domestic violence, and LGBTQ+ Pride. It's important to me to break down barriers and help people achieve their goals, no matter what they may be. I truly believe that anything is possible with the right mindset and drive.

When it comes to dance, I've developed the Doforo Technique over 25+ years of industry and experience. Dance is my absolute passion, and I offer classes for all ages and levels of dance, from infants to seniors and adults, as well as master classes for dancers at all levels, from beginners to industry professionals.

Equality and diversity are topics close to my heart, and I offer extensive knowledge around creating judgement-free zones. I use arts and culture to address issues related to diversity and gender identity in schools, colleges, working environments, special education, and with young offenders.

In marketing, I provide guidance on how to develop a social media presence and consistently produce high-quality content. I also provide photography, videography, and media creation services.

Finally, I offer workshop-based sessions around well-being, motivation, and team-building. My workshops can be tailored to schools, colleges, community groups, companies, and working environments.

Read on to find out more about how I can help provide organisations with a creative spark!







FIND PEOPLE WHO YOU WANT TO WORK WITH, AND EVERYTHING ELSE FLOWS FROM THAT!







I work with groups to enhance their social and practical skills and help them overcome their own barriers.

projects.

grow.

Enrichment

This real life creative experience might be hair and makeup, events, photography or videography, health and safety, live music and music production, costume design, front of house, set and prop design, room dressing, and event set up, hospitality, dance and choreography, creating their own radio show, teaching in schools or helping develop youth

Whatever the experience, I give learners the tools and safe space they need to learn and





Creative Kickstart

A lot of people I meet have a love for the arts and being creative, but don't know how to start their own journey.

Through this programme they can start to understand where their passion lies, and with creative tasks, opportunities and workshops they can dip their toe in before diving into a topic they want to explore!

Creativity needs a purpose

Expression

I'm all about breaking down barriers and reaching new heights, both personally and professionally. I truly believe that with the right mindset and drive, anything is possible.





I want to ignite the spark that is dormant in a lot of people and start them on a creative journey that might last for the rest of their lives, a journey where they can sparkle, where they can make use of their talents, and possibly a journey that leads them to a career that has meaning to them - a vocation, not a job.

As a bonus, this programme also gives people amazing transferable skills for both their professional and personal development.





Creative Leadership

My Creative Leadership program helps students identify, understand, and develop the skills needed to become 'Creative Leaders' . I use performing arts as a tool to engage learners in different activities, combining functional and social skills to complete tasks or devise performances in various creative and innovative ways. Over the course of program, I aim to provide each student with a 'Bag of Tricks' that

they will be able to use in every area of their school life. Students plan, lead, and deliver sessions to their peers and to an outside audience, working creatively on in-house productions, gaining work experience in reallife events/shows and workshops. I help students develop a set of transferable skills that benefit them in everyday life.



Breakfast & Afterschool Clubs

I'm all about using creative and performing arts to help schools achieve their goals. My breakfast and after-school clubs focus on wellbeing, building confidence, and developing transferable skills that can be used in all areas of life. We cover everything from production to performance, and each term ends with a big show to showcase what we've achieved. The best part is, I designed the program to give

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students ownership of their learning experience. I want them to feel confident and grow as individuals, while also developing valuable skills like presenting, communicating, negotiating, planning, and working as a team. So, if you're looking for a fun and effective way to enrich your school's curriculum, this is it!

Early Engagement

If schools notice some students who may be at risk of losing interest in their studies, we have a program called About Me that can help. It's all about breaking down barriers, finding solutions to problems, staying motivated, and taking action, all while getting one-on-one support.

We link students up with business leaders from a range of industries and invite them in for Q&A sessions. This gives students a chance to work together as a team to plan their questions, and what's really great about this program is that the students are the ones in charge. They set their own goals and vision boards, meet with employers directly, and really take ownership of the project. And you can see the results! Students are more motivated and confident after going through the program, which is really fulfilling to see.



Primary Colours

Primary Colours is all about tackling the things that matter to young people and their communities. We use creative activities like music, dance, drama, and poetry to help them build resilience, confidence, and self-esteem. By taking part in the program, young people can learn how to manage difficult situations

they might come across in their lives, and think about important topics like their health, relationships, and wellbeing. The aim is to help them develop a better understanding of the world around them, and feel better equipped to face whatever challenges come their way.



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DANCE

"ONCE YOU MEET MIGUEL YOU FEEL LIKE YOU'VE KNOWN HIM FOREVER, AND WITHIN MINUTES THOSE CRE-ATIVE SPARKS AND IDEAS FLY - AND HE ALWAYS MAKES IT HAPPEN!" LEIGH HORNER, RAISE

Choreography & Masterclasses

I've been working professionally in the industry for a long time, and the list of awards, big shows and high-profile clients speaks for itself!

I love to work with both new and experienced dancers and dance troupes on choreography, production, mindset or career development - if you want some external expertise for your performance or professional development, let's have a chat. I can take dancers to the next level!







Workshops

I design workshops to use creativity to address challenges that people are facing.

They can be tailored for schools, community groups and employers, or anyone else who has a group of people who they want to feel more confident, more empowered, more creative or more empathetic.

Topics cover things like equality and diversity, performance skills, anti-bullying and anti-social behaviour, and hopes and dreams, and are delivered through creative art forms like dance, arts and crafts, singing, drama, music, and hair and makeup.



Dance Classes

I have public dance classes going on most weeks, for all ages and experience, from infants to adults, and complete novices to experienced dancers.

I love teaching people to dance, to find and express the passion that they have within them, and seeing if we can ignite a passion for dance that might give people the drive to pursue a career in performing arts.

I can run dedicated classes for any one, any where - seriously, we just need a dirty dancefloor and a ghettor blaster!

CHECK OUT OUR CURRENT CLASSES ONLINE

www.migueldoforo.com



Truly valving diversity

Being a gay, black male hasn't always been easy! I've worked through lots of challenges in my life, from school right through to my entrepreneurial journey. Overcoming these challenges has given me a real insight into the best way to tackle all kinds of issues, like racism, homophobia, social exclusion, behavioural challenges and prejudice in society, and I work with lots of businesses and community groups to share some of these experiences with others.





"THE TESTIMONIES THAT THE DANCERS GAVE SHOWED HOW DANCE CAN BE LIFE CHANGING" LISA, LIVERPOOL WOMENS HOSPITAL





Creating Safe Spaces

Using arts and culture, I have looked at diversity, gender identity, cultural identity and other important social issues with primary schools, secondary schools, colleges, companies, special education providers and with young offenders.

Education and knowledge are important and I'm passionate about creating an environment and a safe space where people can ask questions whilst being understanding and accepting to all.



BUSINESS

Energising Teams

I'm not a corporate type of person, but I do lots of work with businesses who want to to things a bit differently.

I can help companies explore their team culture and teach teams to be open and judgement-free, and how this can bring a new energy and excitement to team dynamics



Wellbeing & Motivation

their team are facing, and work out how we can tackle them head on using creative arts as a way of expression.

This may be through dance, music, hair and makeup or any other creative activity - our workshops help develop teams feel safe and comfortable are work and improve their performance.

Marketing

I help businesses increase their reach and engage a wider audience. I've owned my own business and worked with lots of social entrepreneurs, and I use these lessons (some of them hardearned) to guide people about how to approach situations and how to manage and consistently develop a social presence. I also provide fun, creative photography, videography, content and media creation.



I help employers look at the individual issues





Thank You

Thanks for taking the time to read a little bit about me. It's really strange writing about all the great things I've done, and a little bit embarrasing, if I'm honest! But I'm so proud of all the things I've worked on, and so excited about the amazing projects still to come - so hopefully it will have been worthwhile!

Love, Miguel







SO WHAT'S NEXT?

I'm always looking for new, exciting projects. I like to think of my work as a 'bag of dolly mixtures'! But in everything I do, I want to make a difference to someone.

CREDITS

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